

School Program Equipment List

Cal-Wood is located at an elevation of 7,800 feet. The weather in the mountains is subject to sudden changes. It is important to be prepared for rain, intense sun, and snow. We recommend that you put your child's name on everything.

PLEASE PACK THE FOLLOWING THINGS...

...in a **daypack**: (school backpack or other similar. 2 thick straps is a must for daily hiking.)

- Sack lunch for first day
- Water bottle (**at least 1 quart/liter**)
- Warm layer (wool or fleece is best)
- Sun hat or baseball cap
- Sunglasses
- Sunscreen (SPF 30 or higher—a MUST)
- Pencil or pen
- Journal or notebook
- Warm gloves and hat
- Extra pair of socks
- Rain jacket or poncho (if poncho, be sure it is durable plastic)



...in a **suitcase or large backpack**:

NOTE: Pack in a manageable bag... students will need to carry all their belongings ¼ mile uphill to the cabins.

- Hiking boots or sturdy shoes (snow boots recommended Oct-April).
- Sleeping bag & small pillow (packed in stuff sack or bag)
- Full change of clothes- pants/shirt/underwear/socks etc.
- Pajamas
- Socks (long socks are best. Preferably a couple warm wool pairs)
- Winter coat or jacket
- Long underwear or a base layer
- Plastic bags to pack wet items OR to cover socks in shoes if no snow boots
- Toiletry bag (ziplock or grocery bag is fine) with:
 - Toothbrush & toothpaste
 - Brush or comb
 - Washcloth & towel
 - Soap



OPTIONAL ITEMS:

- Bandana, books, camera, flashlight, field guide, binoculars, tissues/handkerchief
- Slippers for lodge (outside shoes are not allowed inside lodge)
- Extra pair of outside shoes in case first pair gets wet
- Rain pants/snow pants (just in case)



PLEASE DO NOT BRING:

- snacks, junk food, chewing gum, candy (don't want to attract wildlife to cabins!)
- electronics such as cell phones (there is no reception at Cal-Wood), mp3 players, radios, hand-held video games, curling irons, and blow dryers. Being unplugged is an important part of the experience!
- knives, matches/lighters
- money or anything valuable